

Precautions to take, if you live with anyone who may have been infected with Coronavirus.

(From website of Ministry of Health, Labor and Welfare)

POINT 1

Separate rooms for those living with anyone suspected of being infected as much as possible, and reduce the use of shared spaces such as toilets and baths. Eat and sleep in separate rooms from anyone suspected of being infected.



POINT 2

If possible, designate one person or a limited number of people to take care of anyone suspected of being infected.

POINT 3

If possible, make sure everyone wears a mask so that the virus does not spread. If you don't have a mask, cover your mouth and nose with a tissue when coughing or sneezing



POINT 4

Wash your hands with soap and alcohol-based hand sanitiser for disinfection, as the virus on your hands may enter your body through your eyes, nose, and mouth.

POINT 5



Use the air conditioners or ventilation fans, and open the windows during the day as much as possible to allow fresh air in the room.



POINT 6

Do not share towels, dishes, chopsticks, spoons, etc. with anyone suspected of being infected. Disinfect the parts where everyone touches, such as doorknobs. Wash toilets and baths with household detergent. You do not have to separately wash dishes which anyone suspected of being infected used.

POINT 7



Sheets, covers and clothes used by anyone suspected of being infected should be machine-washed with the household detergent and dried thoroughly. When washing, wear gloves and a mask, and be careful not to touch it directly.



POINT 8

Do not touch used tissues. When disposing of tissues, put them in a garbage bag, securely tie the opening of the bag, take it outside and wash your hands immediately



注意!

People who live with anyone suspected of being infected may also have been infected. Even if anyone suspected of being infected gets well, make sure to check your health until 14 days have passed. Also make sure to wear a mask and wash your hands when going to school or work.

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