

Get the Vaccine

Things to bring on the day Tickets (enclosed in this notice)
Identification documents (driver's license, health insurance card, etc.)
Prevaccination screening questionnaire (fill in the form in advance and bring the 2-page form to the venue.



*Please measure your body temperature at home before the vaccine, and refrain from getting the vaccine and contact the medical facility where you made the reservation if you have an obvious fever or do not feel well.

*Please wear clothes that make it easy to access your shoulders.

*In order to get the full effect of the vaccine, it is necessary to receive two doses of the same type of vaccine at a set interval. When you receive the first dose, please check when you should receive the next vaccination.

*The enclosed voucher is a set of "vaccinations tickets and vaccination certificates for 2 doses". Bring this form with you each time, and please do not cut them off.

OBeginning of vaccinations for the elderly

As the initial quantity of vaccines supplied to municipalities nationwide is expected to be small, vaccinations begin for those who are 75 years old or older (those born on or before April 1, 1947) from April. As soon as the supplying system from the government is organized, vaccinations will be scheduled for those who are 65 years old - 74 years old (those born on or between April 2, 1947 and April 1, 1957).

What is a person with an underlying medical condition?

Vaccinations for persons with underlying medical conditions will be started after the elderly. People with underlying medical conditions are defined as those who meet any of the following criteria (as of February 1, 2021, criteria may be changed). Xou do not require a medical certificate to verify that you meet the criteria in either of the below two categories.

1. People with the following illnesses or conditions who receive outpatient or inpatient care

- 1. Chronic respiratory disease
- 2. Chronic heart disease (including hypertension)
- 3. Chronic kidney disease
- 4. Chronic liver disease (excl. fatty liver & dominant hepatitis) 11. Chromosomal abnormality
- 5. Diabetes being treated with insulin or medication,
- or diabetes associated with other diseases
- 12. Severe mental and physical disabilities (severe physical disabilities and severe intellectual disabilities)

breathing disorders)

- 6. Blood diseases (excluding iron deficiency anemia) 7. Diseases that impair the functioning of the immune system 13. Sleep apnea syndrome
- (including malignant tumors under treatment)
- 2. Obese individuals who meet the criteria (BMI of 30 or higher)
- BMI = Body weight (kg) \div height (m) \div height (m)

*Guideline for BMI of 30: height of 170cm and weight of 87kg, height of 160cm and weight of 77kg Vaccination of workers in elderly care facilities will be started at the same time.

©Vaccination at places other than where the resident card is registered (place of residence)

• If you are receiving the vaccine at a medical institution or facility where you are being hospitalized or admitted →Please consult with the medical institution or facility.

•If you are receiving the vaccine at a medical institution where you are being treated for an underlying condition \rightarrow Please consult with the medical facility.

•If your residence is different from your address \rightarrow You may be able to receive the vaccine in the area where you actually live, however you will need to follow the relevant procedures in advance. Please check the COVID-19 Vaccine Navi or contact the consultation office of the municipality in which you actually live.

For the vaccination site out of the city, please refer to the COVID-19 Vaccine Navi general information website on the right.

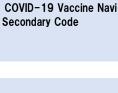
COVID-19 Vaccine Navi website: address: https://v-sys.mhlw.go.jp

%You can't make a reservation from this website directly.

OYour consent is required to receive the vaccine ■ Consent is required to receive the vaccine ■

If you are currently undergoing treatment for a disease or have concerns about your health condition, please consult with your family doctor before deciding whether or not to receive the vaccine.

| For more information on the efficacy and safety of the COVID-19 vaccine, please visit the Novel Coronavirus Vaccines page on the website of the Prime Minister of Japan and His Cabinet. | |
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| If you are unable to view the website, please contact your local municipality. | |







8. Receiving treatment that depresses the immune system, including steroids

9. Neurological and neuromuscular diseases associated with immune abnormalities

10. Decreased body functions due to neurological or neuromuscular diseases (including